

What is a body wrap?

The Body Wrapping process involves wrapping the body with elastic wraps which have been soaked in a special mineral solution. The wrap is applied firmly to the area needing inch loss, lightly to areas where only skin tightening is desired.

How does it Work?

The body wrap assists in shrinking the adipose tissue of fat called cellulite, found directly below the skin's surface. The cellulite inhibitors combined with body heat form appreciative results after the first wrap. Although the wrap is coupled with the body's heat, you will feel very cool during the treatment. After the wrap is applied, we put you in a sauna suit to retain your body temperature.

What makes up the body wrap solution?

Our solution formula is a secret; although, we can tell you that it is a mildly buffered, pH controlled, isotonic solution with minerals which aid in rejuvenating the body's mineral supply, both during and after the wrap.

How often can I be wrapped?

You can be wrapped as often as you wish. If you have weight to lose, we recommend once or twice a week so you will have time to lose weight between wraps; you'll notice the most loss in the places where you were wrapped firmly.

What will the body wrap do to my skin?

Our clients tell us their skin is smoother and tighter after the wrap. Some clients who are not wrapped for weight loss choose body wraps to help tighten skin that has become saggy due to aging. Body wraps will reduce the size and color of stretch marks.

How much weight and inches will I lose?

The body wrap takes off inches rather than pounds. Everyone will lose inches; however weight loss depends on your body's individual percentage of soft fat.

Do lost inches return?

No. Lost inches will not come back if you maintain your plan of weight loss. You would have to gain weight for the inches to return.

Is the body wrap harmful?

No. The treatments have been proven perfectly safe and non-allergenic. Of course, if you have a serious health problem, you should consult your physician for peace of mind. We will not wrap women during pregnancy, clients who have undergone recent surgery, or clients with skin abrasions or rashes. Many of our clients have a number of medical complications; we have not found a condition that the body wrap will aggravate. In fact, body wraps will reduce the discomfort associated with menstruation.

Should I eat before a wrap?

We ask that you do not eat before a wrap, but a light meal or snack should not make you feel uncomfortable.

How much fluid should I drink?

Your body needs continual fluids. Liquids will not put lost inches back on. We recommend 6 to 8 glasses of water per day to enable the body to break down and flush out all impurities naturally.

What do I do after the body wrap?

Simply go on with your day's activities. Leaving the solution on your skin 8-16 hours after the wrap will cause a small, additional inch loss and tightening. Since you will feel very clean after the body wrap, no shower is needed.